

Discovering Directions for Change

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- Welcome and Introduction (Jenn)
 - Institutional Change: Using *Discovery Interviews* to understand the career trajectories of senior women and find ways to support and capitalize on them as an institutional resource
- The experiences of senior women (Bernice)
- The experience of the facilitators (Jo)
- Plausible Interpretations (Patti/Jenn)
- In a larger context:
 - Stages of organizational change (Molly)
 - How the Senior Women Project contributes to organizational change at UW-Madison (Patti)



- ADVANCE goals demand institutional transformation
- WISELI's assessment
 - UW-Madison Mission to nurture human resources
 - Emphasizes students (Plan 2008) and early career (Women Faculty Mentoring Program)
 - Do senior women serve as a resource pool for leadership?
 - Reaching senior women:
 - Discovery Interviews to identify opportunities for WISELI investment

Discovery Interview Process

- Identified target group
 - Women Full Professors in Bio/Phys Sciences (n = 82)
- Conduct 1:1 or small group meetings
 - September 2002-May 2003
 - Interviewed 39 women (47.6%)
- Synthesized experiences and made observations
 - Confidentiality assurances
- Instituted WISELI changes
- Solicited feedback
- Integrate with other data
- Place in context of organizational change literature

Some Experiences of Senior Women

- What I wish I'd known and had help with as an undergraduate student, graduate student, postdoc, and junior faculty member
- Friends
- Mid-career choices -- where should I put my efforts (teaching, research, UW service, national professional service)
- Is the experience vastly different for younger women today? For more recently tenured women?
- What we (not just WISELI) should be doing to help women at all stages, based on the senior women's experiences we heard

Some Experiences of the Facilitators

- Interviewing peers
- Group conversations
- Resonating with the experiences
- Taking action

Plausible Interpretations

- Pride in the recognition from peers
- Mentors matter
- Leadership is more than a position
- "Head-down" scholar
- Awards offer opportunities
- Advocacy requires judgment
- Pathway was rough, so let's help the next ones through

In a larger context.....

The Stages of Change Model applied to institutional transformation

The Stages of Change Model

- Stage 1: Precontemplation
 - Unaware that a problem exists
- Stage 2: Contemplation
 - Aware that a problem exists and thinking about making a behavioral change in the future
- Stage 3: Preparation
 - Feeling confident that making a change is possible and planning to make such a change in the immediate future
- Stage 4: Action
 - Making a change
- Stage 5: Maintenance
 - Continuing to engage in the new, desirable behavior and avoiding relapse

How does the Senior Women Project contribute to institutional transformation?

Precontemplation

•Contemplation –Dramatic relief –Self-reevaluation –Thinking about Commitment

Preparation
 —Teams
 —Action
 —Con

–Consciousness Raising–Commitment–Counter-Conditioning

•Maintenance

-Stimulus-Control

-Helping Relationship

-Reinforcement Management